



St Stephen with St John  
Westminster  
[www.sswsj.org](http://www.sswsj.org)

*Order for the Eucharist  
during Lent*

Please do not remove  
this booklet from church



## **Prayer of Preparation**

**Almighty God,**  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden:  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord. **Amen.**

## **The Gathering**

*All stand at the entrance of the clergy*

*A Hymn may be sung*

## **The Greeting**

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.  
**Amen.**

Grace, mercy and peace from God our Father  
and the Lord Jesus Christ be with you  
**And also with you.**

## **The Liturgy of the Word**

### **Invitation to Confession**

The sacrifice of God is a broken spirit;  
a broken and contrite heart God will not despise.  
Let us come to the Lord, who is full of compassion,  
and acknowledge our transgressions in penitence and faith.

*or*

Compassion and forgiveness belong to the Lord our God,  
though we have rebelled against him.  
Let us then renounce our wilfulness and ask his mercy  
by confessing our sins in penitence and faith.

## **Kyrie Eleison**

Wash me thoroughly from my wickedness  
and cleanse me from my sin:

Kyrie eleison.

**Kyrie eleison.**

Make me a clean heart, O God,  
and renew a right spirit within me:

Christe eleison.

**Christe eleison.**

Cast me not away from your presence  
and take not your holy spirit from me:

Kyrie eleison.

**Kyrie eleison.**

## **The Absolution**

### **The Collect**

*Silence is kept*

### **First Reading**

*A psalm may be sung*

### **Second Reading**

### **The Gospel Reading**

Praise to you, O Christ, King of eternal glory.  
The Lord is a great God, O that today you would listen to his voice.  
Harden not your hearts.

**Praise to you, O Christ, King of eternal glory.**

*or*

Praise to you, O Christ, King of eternal glory.  
I am the light of the world, says the Lord,  
whoever follows me will have the light of life.  
**Praise to you, O Christ, King of eternal glory.**

## **The Sermon**

## **The Creed**

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.  
For us and for our salvation  
he came down from heaven,  
was incarnate from the Holy Spirit  
and the Virgin Mary and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is worshipped and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come.  
Amen.**

## **The Prayers of Intercession**

## **The Liturgy of the Sacrament**

### **Introduction to the Peace**

Since we are justified by faith,  
we have peace with God through our Lord Jesus Christ,  
who has given us access to his grace.

The peace of the Lord be always with you  
**and also with you.**

Let us offer one another a sign of peace.

### **Prayers of Preparation**

God of mercy and compassion,  
your Word calls us home to faith and love.  
accept all we offer you this day;  
in the name of Jesus Christ the Lord. **Amen.**

*or*

God of our journey,  
as we walk with you on your path of obedience,  
sustain us on our way and lead us to your glory;  
through Jesus Christ our Lord. **Amen.**

*An Offertory Hymn may be sung*

*A collection will be taken during the Offertory Hymn. Those who give regularly through our Planned Giving Scheme by Standing Order may wish to place one of the Offertory Cards into the collection plate as a symbol of their giving.*

### **The Eucharistic Prayer**

The Lord be with you  
**and also with you.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give thanks and praise.**

It is indeed right,  
it is our duty and our joy,  
at all times and in all places  
to give you thanks and praise,  
holy Father, heavenly King,  
almighty and eternal God,  
through Jesus Christ our Lord.

*Short Proper Preface, when appropriate*

*or, when there is no Proper Preface*

For he is our great high priest,  
who has loosed us from our sins  
and has made us to be a royal priesthood to you,  
our God and Father.

Therefore with angels and archangels,  
and with all the company of heaven,  
we proclaim your great and glorious name,  
for ever praising you and *saying*:

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

All glory be to you, our heavenly Father,  
who, in your tender mercy,  
gave your only Son our Saviour Jesus Christ  
to suffer death upon the cross for our redemption;  
who made there by his one oblation of himself once offered  
a full, perfect and sufficient sacrifice, oblation and satisfaction  
for the sins of the whole world;  
he instituted, and in his holy gospel commanded us to continue,  
a perpetual memory of his precious death until he comes again.

Hear us, merciful Father, we humbly pray,  
and grant that, by the power of your Holy Spirit,  
we receiving these gifts of your creation, this bread and this wine,  
according to your Son our Saviour Jesus Christ's holy institution,  
in remembrance of his death and passion,

may be partakers of his most blessed body and blood;  
who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it,  
in remembrance of me.

*One of these acclamations is used*

Praise to you, Lord Jesus:  
**Dying you destroyed our death,  
rising you restored our life:  
Lord Jesus, come in glory.**

*or*

Jesus Christ is Lord:  
**Lord, by your cross and resurrection  
you have set us free.  
You are the Saviour of the world.**

Therefore, Lord and heavenly Father,  
in remembrance of the precious death and passion,  
the mighty resurrection and glorious ascension  
of your dear Son Jesus Christ,  
we offer you through him this  
our sacrifice of praise and thanksgiving.

Grant that by his merits and death,  
and through faith in his blood,  
we and all your Church may receive forgiveness of our sins  
and all other benefits of his passion.  
Although we are unworthy, through our manifold sins,  
to offer you any sacrifice,  
yet we pray that you will accept this  
the duty and service that we owe.

Do not weigh our merits, but pardon our offences,  
and fill us all who share in this holy communion  
with your grace and heavenly blessing;  
through Jesus Christ our Lord,  
by whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours, almighty Father,  
for ever and ever. **Amen.**

## **The Lord's Prayer**

Let us pray with confidence as our Saviour has taught us:

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come; thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever. Amen.**

## **Breaking of the Bread**

*The president breaks the consecrated bread*

Every time we eat this bread and drink this cup  
**We proclaim the Lord's death until he comes.**

**Lamb of God,  
you take away the sin of the world,  
have mercy on us.**

**Lamb of God,  
you take away the sin of the world,  
have mercy on us.**

**Lamb of God,  
you take away the sin of the world,  
grant us peace.**

## **Giving of Communion**

Jesus is the Lamb of God who takes away the sin of the world.  
Blessed are those who are called to his supper.

**Lord, I am not worthy to receive you,  
but only say the word, and I shall be healed.**

*The president and people receive communion, during which the choir may sing an Anthem*

## **The Post Communion Prayer**

**Almighty God,  
we thank you for feeding us  
with the body and blood of your Son Jesus Christ.  
Through him we offer you our souls and bodies  
to be a living sacrifice.  
Send us out  
in the power of your Spirit  
to live and work  
to your praise and glory. Amen.**

## **The Blessing**

Christ give you grace to grow in holiness,  
to deny yourselves, take up your cross, and follow him;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always. **Amen.**

*(Lent)*

Christ crucified draw you to himself,  
to find in him a sure ground for faith,  
a firm support for hope,  
and the assurance of sins forgiven;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always. **Amen.**

*(Passiontide)*

## **The Dismissal**

Go in peace to love and serve the Lord.  
**In the name of Christ. Amen.**



