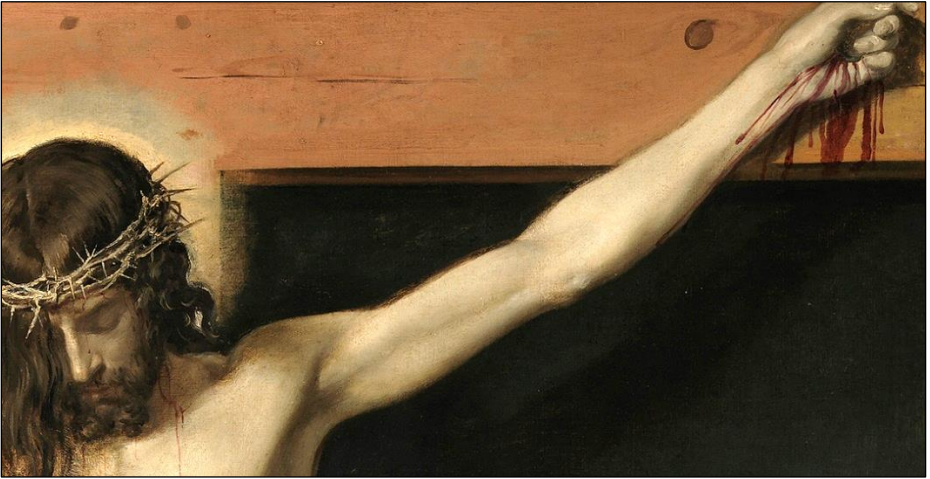


THE PARISH CHURCH OF ST BARNABAS PIMLICO



STATIONS OF THE CROSS

You are welcome to take a copy of our 'Stations of the Cross' for your own personal devotions. Donations are gratefully received for the cost of printing.

*Those present gather with the priest and crucifer before the altar. Please join in with the words in **bold**. For those that can, please kneel when the priest kneels.*

O Jesu, our adorable Saviour, behold us kneeling at thy feet, imploring thy mercy for ourselves and for the souls of all the faithful departed. Vouchsafe to apply to us the infinite merits of thy passion, on which we are now about to meditate. Grant that, while we trace this path of sighs and tears, our hearts may be so moved by contrition and repentance, that we may be ready to meet with joy all the sufferings and humiliations of this pilgrimage on earth.

O Lord, open thou our lips.
And our mouth shall show forth thy praise.

✠ O God, make speed to save us.
O Lord, make haste to help us.

Glory be to the Father, and to the Son: and to the Holy Spirit.
**As it was in the beginning, is now, and ever shall be:
world without end. Amen.**



I JESUS IS CONDEMNED TO DEATH



We adore thee, O Christ and we bless thee.
Because by thy holy cross thou hast redeemed the world.

Jesus, you were innocent yet you consented to suffer for me. I am guilty: bring me to hate my sins and accept your forgiveness.

Our Father, **who art in heaven,**
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever. Amen.

Lord, have mercy upon us.
Have mercy upon us.

By the cross her station keeping,
Stood the mournful mother weeping,
Where he hung, her dying Lord.



II JESUS RECEIVES THE CROSS



We adore thee, O Christ and we bless thee.
Because by thy holy cross thou hast redeemed the world.

Jesus, grant me the power of your cross cheerfully to face the trials of my calling as a Christian and to be ready to take up my cross and follow you.

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women and blessed is the fruit of thy womb, Jesus.

**Holy Mary, Mother of God,
pray for us sinners now and at the hour of our death.**

Lord, have mercy upon us.
Have mercy upon us.

**For her soul, of joy bereaved,
Torn with anguish, deeply grieved,
Felt the sharp and piercing sword.**



III JESUS FALLS THE FIRST TIME



We adore thee, O Christ and we bless thee.
Because by thy holy cross thou hast redeemed the world.

Jesus, you carried the weight of my sins with your cross. May the thought of your burden make me watchful and save me from sin.

**Glory be to the Father, and to the Son and to the Holy Spirit.
Amen.**

Lord have mercy upon us.
Have mercy upon us.

**O how sad and sore distressed
Then was she, that Mother blessed
Of the sole begotten One.**

IV JESUS IS MET BY HIS MOTHER



We adore thee, O Christ and we bless thee.

Because by thy holy cross thou hast redeemed the world.

Jesus, you felt grief at your mother's sorrow: have mercy on me and ask her to pray for me. Mary, sorrowful mother, pray for me.

Our Father ...

Lord have mercy upon us.

Have mercy upon us.

Deep the woe of her affliction

When she saw the crucifixion

Of her ever-glorious Son.



V THE CROSS IS LAID UPON SIMON OF CYRENE



We adore thee, O Christ and we bless thee.

Because by thy holy cross thou hast redeemed the world.

Lord Jesus, make me willing to bear my cross with you: may I not shrink from suffering but be glad to be given the chance of sharing your calling to suffer.

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women and blessed is the fruit of thy womb, Jesus.

**Holy Mary, Mother of God,
pray for us sinners now and at the hour of our death.**

Lord have mercy upon us.

Have mercy upon us.

**Who, on Christ's dear mother gazing,
Torn by anguish so amazing,
Born of woman, would not weep?**



VI THE FACE OF JESUS IS WIPED BY VERONICA



We adore thee, O Christ and we bless thee.

Because by thy holy cross thou hast redeemed the world.

Jesus, I see you suffering; may I desire more and more to love you, to comfort you and serve you.

Glory be to the Father, and to the Son and to the Holy Spirit. Amen.

Lord have mercy upon us.

Have mercy upon us.

**Who, on Christ's dear mother thinking,
Such a cup of sorrow drinking,
Would not share her sorrow deep?**

VII JESUS FALLS A SECOND TIME UNDER THE CROSS



We adore thee, O Christ and we bless thee.

Because by thy holy cross thou hast redeemed the world.

Jesus, falling again under the weight of my sin, how often have I hurt you. Make me ready to bear anything rather than grieve you again.

Our Father **who are in heaven...**

Lord have mercy upon us.

Have mercy upon us.

For his people's sins chastised,

She her Jesus saw despised,

Torn with nails, with thorns entwined.



VIII THE WOMEN OF JERUSALEM MOURN FOR OUR LORD



We adore thee, O Christ and we bless thee.

Because by thy holy cross thou hast redeemed the world.

Loving Saviour, I mourn for the pain you endure because of the evil I have done.
Make me hate all that is evil.

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women and
blessed is the fruit of thy womb, Jesus.

**Holy Mary, Mother of God, pray for us sinners now and at the hour of our
death.**

Lord have mercy upon us.

Have mercy upon us.

Saw her Son from judgement taken

And in death by all forsaken

Till his spirit he resigned.



IX JESUS FALLS A THIRD TIME UNDER THE CROSS



We adore thee, O Christ and we bless thee.

Because by thy holy cross thou hast redeemed the world.

Jesus, by this third most painful fall, pardon my most frequent falls into sin: may the
thought of your sufferings make me more faithful.

Glory be to the Father, and to the Son and to the Holy Spirit. Amen.

Lord have mercy upon us.

Have mercy upon us.

Mother, fount of all devotion,

Stir in me thy grief's emotion,

Let my tears be joined with thine.

X JESUS IS STRIPPED OF HIS GARMENTS



We adore thee, O Christ and we bless thee.

Because by thy holy cross thou hast redeemed the world.

Lord Jesus, strip me, I pray, of all pretence, conceit and pride and give me such humility in this life that I may reign with you for ever.

Our Father, **who are in heaven...**

Lord have mercy upon us.

Have mercy upon us.

Let my heart be always burning,

Still for love of Jesus yearning,

Let his will be found in mine.



XI JESUS IS NAILED TO THE CROSS



We adore thee, O Christ and we bless thee.

Because by thy holy cross thou hast redeemed the world.

Jesus, you are nailed to the cross: fasten my heart there also that, sharing in your grief, I may come to see your glory.

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners now and at the hour of our death.

Lord have mercy upon us.

Have mercy upon us.

**True repentance, Mother, win me;
Print my Saviour's wounds within me,
Brand them on my stubborn heart.**



XII JESUS DIES ON THE CROSS



We adore thee, O Christ and we bless thee.

Because by thy holy cross thou hast redeemed the world.

Lord Jesus, dying on the cross, I worship you. In your death I trust and hope for grace here and for joy in heaven.

Glory be to the Father, and to the Son and to the Holy Spirit. Amen.

Lord have mercy upon us.

Have mercy upon us.

**As he bought, through tribulation,
In his passion, my salvation,
Let me bear therein my part.**

XIII JESUS IS LAID IN THE ARMS OF HIS MOTHER



We adore thee, O Christ and we bless thee.

Because by thy holy cross thou hast redeemed the world.

Mary, Mother of Jesus, you bear in your arms your only Son, put to death for my sin.
Pray for me that when I come to die, he may take me into his arms for ever.

Our Father, **who are in heaven...**

Lord have mercy upon us.

Have mercy upon us.

**Let me mourn with thee, beside him
For the sins which crucified him,
While my life remains in me.**



XIV JESUS IS LAID IN THE SEPULCHRE



We adore thee, O Christ and we bless thee.

Because by thy holy cross thou hast redeemed the world.

Lord Jesus, your body rests in the grave. Give me grace that I may keep my body in temperance, soberness and chastity; so, when you come to judge the world, it may be renewed in the glory of your resurrection. Grant that I, having followed your way of sorrows, may be ready to meet you when you call me to you.

Glory be to the Father, and to the Son and to the Holy Spirit. Amen.

Lord have mercy upon us.
Have mercy upon us.

**When my body lies forsaken,
May my soul by him be taken
Into heaven's high company.**

Final prayers are said before the altar

Christ for us became obedient unto death.
Even the death of the cross.

Let us pray.

Almighty God, we beseech thee graciously to behold this thy family, for which our Lord Jesus Christ was contented to be betrayed, and given up into the hands of wicked men, and to suffer death upon the cross; who now liveth and reigneth with thee and the Holy Spirit, ever one God, world without end. **Amen.**

✠ May the souls of the faithful departed rest in peace and may the divine assistance remain with us always. **Amen.**

